




FOUNDED 1970

THE NEW SCHOOL MONTESSORI

APRIL 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p><i>Black Bean Chili</i> <i>African P-Nut Stew</i> <i>Brown Rice</i> <i>Golden Cornbread</i> <i>Vanilla Yogurt</i></p>	<p>4</p> <p><i>Salmon Cakes</i> <i>Panko Crusted Tofu</i> <i>Cheese Tortellini</i> <i>Tender Peas</i> <i>Sweet Peaches</i></p>	<p>5</p> <p><i>Turkey Meatloaf</i> <i>Veggie Nut Loaf</i> <i>Mashed Potatoes</i> <i>Green Beans</i> <i>Alphabet Soup</i></p>	<p>6</p> <p><i>Pasta Power</i> <i>Penne or Bowtie</i> <i>Garlic Cream Sauce</i> <i>Roasted Brussels</i> <i>Caesar Salad</i></p>	<p>7</p> <p><i>Chicken Curry</i> <i>Paneer Makhani</i> <i>Red Curry Spinach</i> <i>Basmati Rice</i> <i>Jelly Butter Cookie</i></p>
<p>10</p> <p><i>Wrap-n-Roll It</i> <i>Chicken Strips, Tuna</i> <i>Egg salad, Cheese</i> <i>Pasta Salad</i> <i>Sugar Snap Peas</i></p>	<p>11</p> <p><i>Chicken Pot Pie</i> <i>Veggie Pot Pie</i> <i>Roasted Beets</i> <i>Tomatoes Caprese</i> <i>Napa Salad</i></p>	<p>12</p> <p><i>Pizza Party</i> <i>Cheese Pizza</i> <i>Pesto Pizza</i> <i>Alfredo Pizza</i> <i>Garlic Broccoli</i></p>	<p>13</p> <p><i>Trouble with Tacos</i> <i>Stuffed Poblanos</i> <i>Fajita Veggies</i> <i>Refried Beans</i> <i>Frenzy o' Fixin's'</i></p>	<p>14</p> <p>NO SCHOOL! Parent/Teacher Conference</p>
<p>17</p> <p><i>Cincy Style Turkey or</i> <i>Lentil Chili 3-way</i> <i>Oyster Crackers</i> <i>Greek Salad</i> <i>Apple Coleslaw</i></p>	<p>18</p> <p><i>Bagels & Cream</i> <i>Cheese</i> <i>Veggie Quiche</i> <i>Chicken Noodle Soup</i> <i>Steamed Edamame</i></p>	<p>19</p> <p><i>Chicken Nuggets</i> <i>Veggie "Chix" Nuggets</i> <i>Roasted Potatoes</i> <i>Golden Corn</i> <i>Broccoli Salad</i></p>	<p>20</p> <p><i>Priority Pasta</i> <i>Penne or Spaghetti</i> <i>Ratatouille Sauce</i> <i>Choice of Cheese</i> <i>Marinated Mushrooms</i></p>	<p>21</p> <p><i>Baked Tilapia</i> <i>Cheddar Turnovers</i> <i>Sweet Potato Mash</i> <i>Steamed Broccoli</i> <i>Apple Pie</i></p>
<p>24</p> <p><i>Toasted Cheese</i> <i>Sandwich</i> <i>Tomato Soup</i> <i>Tuna Salad</i> <i>Pesto Pasta Salad</i></p>	<p>25</p> <p><i>Bangers-n-Mash</i> <i>Veggie Sausage</i> <i>Steamed Kale</i> <i>Dijon Coleslaw</i> <i>Applesauce</i></p>	<p>26</p> <p><i>Meatball or Turkey Sub</i> <i>on Bun</i> <i>Green Beans</i> <i>Quinoa Salad</i> <i>Creamy Yogurt</i></p>	<p>27</p> <p><i>Taco Temper Tantrum</i> <i>3 Cheese Quesadillas</i> <i>Blackened Chicken</i> <i>Refried Beans</i> <i>Fierce Fixin's</i></p>	<p>28</p> <p><i>Breakfast for Lunch</i> <i>Pancakes!! With Syrup</i> <i>Breakfast Sausage</i> <i>Eggs-n-Cheese</i> <i>Raspberry Fig Bar</i></p>
				

Every Day Choices May Include:

Turkey, Cheese or Tofu Cubes

Green Salad

Vegetarian Soup or Entrée

Whole Wheat Bread

Creamy Peanut Butter

2% White Milk

Menu Subject To Change Without Notice

