



FOUNDED 1970

THE **NEW** SCHOOL
MONTESSORI

SEPTEMBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				¹ <i>Toasted Cheese Sandwich</i> <i>Tomato Soup</i> <i>Tuna Salad</i> <i>Strawberry Puff</i>
⁴ NO SCHOOL Labor Day	⁵ <i>Chicken Curry</i> <i>Paneer Makhani</i> <i>Saag Paneer</i> <i>Basmati Rice</i> <i>Tomato Salad</i>	⁶ <i>Bagels and Cream Cheese</i> <i>Chicken Noodle Soup</i> <i>Tuna Salad</i> <i>Broccoli Slaw</i>	⁷ <i>Taco Temptation</i> <i>Stuffed Pablanos</i> <i>Cheese Quesadillas</i> <i>Refried Beans</i> <i>Fixin's Feast</i>	⁸ <i>Bangers-n-Mash</i> <i>Veggie Sausage</i> <i>Green Beans</i> <i>Kale Salad</i> <i>Apple Berry Crisp</i>
¹¹ <i>Chicken Cheddar Broccoli Bake</i> <i>Veggie Version Too</i> <i>Sugar Snap Peas</i> <i>Crisp Green Salad</i>	¹² <i>Stuff Your Own Pita Bread</i> <i>Hummus, Falafel</i> <i>Egg Salad, Cheese</i> <i>Orzo Pasta Salad</i>	¹³ <i>Pizza Party</i> <i>Cheese Pizza</i> <i>Hawaiian Pizza</i> <i>Pesto Pizza</i> <i>Sweet Peas</i>	¹⁴ <i>Pasta Paramour</i> <i>Penne or Bowtie</i> <i>Lemon Butter Sauce</i> <i>Garlic Broccoli</i> <i>Mixed Bean Salad</i>	¹⁵ <i>Hot Diggity Dog</i> <i>Veggie Dogs Too</i> <i>Baked Beans</i> <i>Roasted Potatoes</i> <i>Oatmeal Cookie</i>
¹⁸ <i>Cheddar Turnovers</i> <i>Alphabet Soup</i> <i>Sweet Potato Mash</i> <i>Asparagus Spears</i> <i>Tuna Salad</i>	¹⁹ <i>Turkey Meatball</i> <i>Veggie Nut Loaf</i> <i>Garlic Mashers</i> <i>Braised Carrots</i> <i>Applesauce</i>	²⁰ <i>Chicken Tenders</i> <i>Veg Chicken Nuggets</i> <i>Shells & Cheese</i> <i>Green Beans</i> <i>Quinoa Salad</i>	²¹ <i>Taste for Tacos</i> <i>Jerk Tofu Quesadilla</i> <i>Refried Beans</i> <i>Pineapple Salsa</i> <i>Fearless Fixin's</i>	²² <i>Teriyaki Chicken</i> <i>Panko Crusted Tofu</i> <i>Veggie Pad Thai</i> <i>Fried Rice</i> <i>New School Candy</i>
²⁵ <i>Herb Crusted Cod</i> <i>Broccoli Quiche</i> <i>Pesto Risotto</i> <i>Roasted Tomatoes</i> <i>Tender Peas</i>	²⁶ <i>Wrap-n-Roll It</i> <i>Turkey, Cheese</i> <i>Chicken Salad</i> <i>Bowtie Pasta Salad</i> <i>Apple Coleslaw</i>	²⁷ <i>Red Beans and Rice</i> <i>Chicken Mole</i> <i>Tender Cornbread</i> <i>Kale Salad</i> <i>Creamy Yogurt</i>	²⁸ <i>Poetic Pasta</i> <i>Penne or Spaghetti</i> <i>Pesto Cream Sauce</i> <i>Marinated Mushrooms</i> <i>Caesar Salad</i>	²⁹ <i>Chicken Stew or Veggie Stew</i> <i>Mashed Potatoes</i> <i>Golden Corn</i> <i>Carrot Cake</i>

Every Day Choices May Include:

Turkey, Cheese or Tofu Cubes

Green Salad

Vegetarian Soup or Entrée

Whole Wheat Bread

Creamy Peanut Butter

2% White Milk

Menu Subject To Change Without Notice