




FOUNDED 1970

THE NEW SCHOOL MONTESSORI

NOVEMBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 <i>Country Chicken Stew</i> <i>Veggie Stew Too</i> <i>Parmesan Egg Noodle</i> <i>Garlic Broccoli</i> <i>Sweet Peaches</i>	2 <i>Trouble with Tacos</i> <i>Bean Cheese Burritos</i> <i>Blackened Chicken</i> <i>Refried Beans</i> <i>Fancy Fixins'</i>	3 <i>Baked Tilapia</i> <i>Panko Crusted Tofu</i> <i>Mash Sweet Potatoes</i> <i>Roasted Asparagus</i> <i>Oatmeal Cookie</i>
6 <i>Hot Diggity Dogs</i> <i>Veggie Dogs Too</i> <i>Mac 'n' Cheese</i> <i>Sweet Peas</i> <i>Broccoli Apple Salad</i>	7 NO SCHOOL Parent Conferences	8 <i>Turkey Meatloaf or</i> <i>Veggie Nut Loaf</i> <i>Mashed Potatoes</i> <i>Green Beans</i> <i>Applesauce</i>	9 <i>Preposterous Pasta</i> <i>Penne or Bowtie</i> <i>Ravioli Florentine</i> <i>Marinated Mushrooms</i> <i>Caesar Salad</i>	10 <i>Wrap-n-Roll It</i> <i>Chicken Strips, Egg or</i> <i>Tuna Salad</i> <i>Creamy Broccoli Soup</i> <i>Strawberry Puff</i>
13 <i>Red Beans 'n' Rice</i> <i>Chicken B.B.Q.</i> <i>Golden Cornbread</i> <i>Steamed Kale</i> <i>Tofu Cubes</i>	14 <i>Breakfast for Lunch</i> <i>French Toast Bake</i> <i>Eggs 'n' Cheese</i> <i>Breakfast Sausage</i> <i>Cinnamon Oatmeal</i>	15 <i>Toasted Cheese</i> <i>Sandwich</i> <i>Tomato Soup</i> <i>Broccoli Bake</i> <i>Orzo Pasta Salad</i>	16 <i>Taco Tower of Power</i> <i>Cheese Enchiladas</i> <i>Refried Beans</i> <i>Fiesta Rice</i> <i>Fierce Fixin's</i>	17 <i>Teriyaki Chicken</i> <i>Baked Teriyaki Tofu</i> <i>Spaghetti Thai Spicy</i> <i>Egg Fried Rice</i> <i>New School Candy</i>
20 <i>Cincy -3-way Chili</i> <i>(Turkey or Lentil)</i> <i>Oyster Crackers</i> <i>Creamy Cloeslaw</i> <i>Stuffed Grape Leaves</i>	21 <i>Thansksgiving Feast</i> <i>Baked Turkey</i> <i>Baked Veggie "Turkey"</i> <i>All of the Trimmings</i> <i>Pumpkin Pie</i>	22 NO SCHOOL! Thanksgiving Break	23 NO SCHOOL! Thanksgiving Break	24 NO SCHOOL! Thanksgiving Break
27 <i>Chicken Curry</i> <i>Paneer Makhani</i> <i>Aloo Saag</i> <i>Basmati Rice</i> <i>Creamy Yogurt</i>	28 <i>Bagel & Cream Cheese</i> <i>Alphabet Soup</i> <i>Broccoli Quiche</i> <i>Chicken Salad</i> <i>Roasted Asparagus</i>	29 <i>Bangers 'n' Mash</i> <i>Veggie Sausage</i> <i>Sweet Corn</i> <i>Green Beans</i> <i>Applesauce</i>	30 <i>Pasta Paradise</i> <i>Penne or Spaghetti</i> <i>Pesto Cream Sauce</i> <i>Sweet Peas</i> <i>Spinach Salad</i>	

Every Day
Choices May
Include:

Turkey, Cheese
or Tofu Cubes

Green Salad

Vegetarian Soup
or Entrée

Whole Wheat
Bread

Creamy Peanut
Butter

2% White Milk

Menu Subject To
Change Without
Notice

