




FOUNDED 1970

THE NEWSCHOOL MONTESSORI

FEBRUARY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 <i>Tumultuous Tacos</i> <i>Tofu Quesadillas</i> <i>Refried Beans</i> <i>Chips-n'-Salsa</i> <i>Fantastic Fixin's</i>	2 <i>Breakfast for Lunch</i> <i>French Toast Bake</i> <i>Breakfast Sausage</i> <i>Eggs-n'-Cheese</i> <i>Apple Berry Crisp</i>
5 NO SCHOOL Staff Development Day	6 <i>Toasted Cheese Sandwich</i> <i>Alphabet Soup</i> <i>Broccoli Gratin</i> <i>Tuna Salad</i>	7 <i>Chicken Curry</i> <i>Paneer Makhani</i> <i>Thai Green Curry</i> <i>Basmati Rice</i> <i>Creamy Yogurt</i>	8 <i>Pasta Perfection</i> <i>Penne or Spaghetti</i> <i>Stuffed Mushrooms</i> <i>Olive Medley</i> <i>Spinach Salad</i>	9 <i>Chicken Teriyaki</i> <i>Panko Crusted Tofu</i> <i>Veggie Pad Thai</i> <i>Egg Fried Rice</i> <i>Strawberry Jammer</i>
12 <i>White Chicken Chili</i> <i>Veggie Chili</i> <i>Brown Rice</i> <i>Golden Cornbread</i> <i>Turkey Cubes</i>	13 <i>Baked Lasagna</i> <i>Green Beans</i> <i>Zesty Coleslaw</i> <i>Chicken Salad</i> <i>Caesar Salad</i>	14 CHEF FOR A DAY! CONGRATS, CLO !!!	15 <i>Taco Tango</i> <i>Cheese Enchiladas</i> <i>Fiesta Rice</i> <i>Refried Beans</i> <i>Fixin's Feast</i>	16 <i>Chicken Pot Pie</i> <i>Veggie Pot Pie</i> <i>Steamed Asparagus</i> <i>Cheese Cubes</i> <i>Carrot Cake</i>
19 NO SCHOOL President's Day	20 <i>Crepe Cake</i> <i>Broccoli Strudel</i> <i>Veggies and Orzo</i> <i>Roasted Romas</i> <i>Vanilla Yogurt</i>	21 <i>Bagels & Cream Cheese</i> <i>Chicken Noodle Soup</i> <i>Roasted Beets</i> <i>Tofu Salad</i>	22 <i>Paradise Pasta</i> <i>Penne or Bowtie</i> <i>Pesto Cream Sauce</i> <i>Sweet Peas</i> <i>Quinoa Salad</i>	23 <i>Turkey Meatloaf or Veggie Nut Loaf</i> <i>Mashed Potatoes</i> <i>Applesauce</i> <i>Oatmeal Cookie</i>
26 <i>Cincy-Style Turkey or Lentil Chili 3-Way</i> <i>Oyster Crackers</i> <i>Creamy Coleslaw</i> <i>Candy Salad</i>	27 <i>Hot Diggity Dog!</i> <i>Veggie Dogs Too!</i> <i>Garlic Potatoes</i> <i>Baked Beans</i> <i>Sweet Corn</i>	28 <i>Baked Tilapia</i> <i>Panko Crusted Tofu</i> <i>Mac-n'-Cheese</i> <i>Tender Peas</i> <i>Wild Rice Salad</i>		

Every Day Choices May Include:

Turkey, Cheese or Tofu Cubes

Green Salad

Vegetarian Soup or Entrée

Whole Wheat Bread

Creamy Peanut Butter

2% White Milk

Menu Subject To Change Without Notice

