




FOUNDED 1970

THE **NEW** SCHOOL  
MONTESSORI

JANUARY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>NO SCHOOL</b>  <i>Winter Break</i>	2 <i>Chicken Cheddar Broccoli Sauce Egg Noodles Roasted Romas Sugar Snap Peas</i>	3 <i>Toasted Cheese Sandwich Tomato Soup Tuna Salad Steamed Edamame</i>	4 <i>Tremendous Tacos Cornbread Casserole Cheese Quesadillas Refried Beans Flirtin' with Fixin's</i>	5 <i>Hot Dog Dandy Veggie Dogs Too! Roasted Potatoes Baked Beans Oatmeal Cookie</i>
8 <i>Chicken Curry Paneer Makhani Thai Green Curry Basmati Rice Creamy Yogurt</i>	9 <i>Bagels &amp; Cream Cheese Alphabet Soup Broccoli Quiche Roasted Beets</i>	10 <i>Turkey Meatloaf Veggie Nut Loaf Mashed Potatoes Green Beans Applesauce</i>	11 <i>Pasta Promenade Penne or Spaghetti Spinach Sauté Roasted Brussels Olive Medley Salad</i>	12 <i>Red Beans-'n'-Rice Chicken Mole Golden Cornbread Kale Salad Key Lime Cheesecake</i>
15 <b>NO SCHOOL</b>  <i>Martin Luther King Jr. Day</i>	16 <i>Cincy-Style Turkey or Lentil Chili 3-Way Oyster Crackers Quinoa Tabbouleh Greek Salad</i>	17 <i>Stuff Your Own Pita Turkey, Egg, Cheese Veggie Strudel Chicken Noodle Soup Orzo Pasta Salad</i>	18 <i>Taco Toreador Blackened Chicken Fajita Veggies Refried Beans Fixin's Frenzy</i>	19 <i>Lemon Herb Cod Panko Crusted Tofu Mac-'n'-Cheese Steamed Broccoli New School Candy</i>
22 <i>Chicken Stew Veggie Stew Too! Egg Noodles Roasted Beets Sweet Peaches</i>	23 <i>Cheddar Turnovers Minestrone Soup Honey Glazed Carrot Steamed Edamame Chicken Salad</i>	24 <i>Bangers-'n'-Mash Veggie Sausage Green Beans Creamy Coleslaw Applesauce</i>	25 <i>Precious Pasta Penne or Bowtie Garlic Cream Sauce Marinated Mushrooms Caesar Salad</i>	26 <i>Veggie Burger or Chicken B.B.Q. on Bun Sweet Potato Mash Garlic Broccoli Pinwheel Puff</i>
29 <i>Black Bean Chili African Peanut Stew Brown Rice Golden Cornbread Kale Salad</i>	30 <i>Pizza Party! Cheese Pizza Pesto Pizza Garlic Broccoli Pizza Sweet Peas</i>	31 <i>Chicken Nuggets Veggie Nuggets Roasted Potatoes Steamed Asparagus Pasta Salad</i>		

Every Day Choices May Include:

Turkey, Cheese or Tofu Cubes

Green Salad

Vegetarian Soup or Entrée

Whole Wheat Bread

Creamy Peanut Butter

2% White Milk

Menu Subject To Change Without Notice

