



FOUNDED 1970

**THE NEW SCHOOL**  
MONTESSORI

SEPTEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p><b>NO SCHOOL</b> Labor Day</p>	<p>4</p> <p><i>Chicken Curry</i> <i>Paneer Makhani</i> <i>Saag Paneer</i> <i>Basmati Rice</i> <i>Creamy Yogurt</i></p>	<p>5</p> <p><i>Hot Dog Hoopla!</i> <i>Veggie Pups Too!</i> <i>Shells-n-Cheese</i> <i>Sweet Peas</i> <i>Apple Coleslaw</i></p>	<p>6</p> <p><i>Taco Tantalizer</i> <i>Blackened Chicken</i> <i>Refried Beans</i> <i>Fajita Veggies</i> <i>Fiesta of Fixin's</i></p>	<p>7</p> <p><i>Toasted Cheese Sandwich</i> <i>Tomato Basil Soup</i> <i>Steamed Edamame</i> <i>Strawberry Puff</i></p>
<p>10</p> <p><i>Chicken Nuggets</i> <i>Veggie "Chix" Nugget</i> <i>Bowtie Pasta Salad</i> <i>Summer Bean Salad</i> <i>Marinated Veggies</i></p>	<p>11</p> <p><i>Turkey Meatloaf or Veggie Nut Loaf</i> <i>Mashed Potatoes</i> <i>Green Beans</i> <i>Applesauce</i></p>	<p>12</p> <p><i>Stuff The Pita!</i> <i>Hummus, Falafal,</i> <i>Tuna Salad, Cheese</i> <i>Grape Leaves</i> <i>Broccoli Salad</i></p>	<p>13</p> <p><i>Pasta Paramour</i> <i>Penne or Spaghetti</i> <i>Spinach Sauté</i> <i>Choice of Cheeses</i> <i>Caesar Salad</i></p>	<p>14</p> <p><i>Breakfast for Lunch</i> <i>French Toast Bake</i> <i>Eggs 'n' Cheese</i> <i>Breakfast Sausage</i> <i>New School Candy</i></p>
<p>17</p> <p><i>Black Bean Chili</i> <i>African Peanut Stew</i> <i>Brown Rice</i> <i>Golden Cornbread</i> <i>Kale Salad</i></p>	<p>18</p> <p><i>Chicken B.B.Q. or Veggie Griller on Bun</i> <i>Sweet Corn</i> <i>Potato Salad</i> <i>Tasty Peaches</i></p>	<p>19</p> <p><i>Pizza Paradise!</i> <i>Cheese Pizza</i> <i>Pesto Pizza</i> <i>Veggie Pizza</i> <i>Garlic Broccoli</i></p>	<p>20</p> <p><i>Tubular Tacos</i> <i>Tofu Quesadillas</i> <i>Refried Beans</i> <i>Chips-n-Salsa</i> <i>Fabulous Fixin's</i></p>	<p>21</p> <p><i>Chicken or Veggie</i> <i>Paprikas</i> <i>Egg Noodles</i> <i>Tomatoes Caprese</i> <i>Pineapple Cake</i></p>
<p>24</p> <p><i>Cajun Tilapia</i> <i>Soy Glazed Tofu</i> <i>Sweet Potato Mash</i> <i>Brussels Sprouts</i> <i>Vanilla Yogurt</i></p>	<p>25</p> <p><i>Cheddar Turnovers</i> <i>Chicken Noodle Soup</i> <i>Wild Rice Salad</i> <i>Steamed Edamame</i> <i>Pesto Pasta Salad</i></p>	<p>26</p> <p><i>Wrap-n-Roll It!!</i> <i>Fantastic Fillings</i> <i>Veggie Strada</i> <i>Sugar Snap Peas</i> <i>Candy Salad</i></p>	<p>28</p> <p><i>Preposterous Pasta</i> <i>Penne or Bowtie</i> <i>Creamy Garlic Sauce</i> <i>Tender Asparagus</i> <i>Quinoa Salad</i></p>	<p>28</p> <p><i>Bangers-n-Mash</i> <i>Veggie Sausage</i> <i>Green Beans</i> <i>Dijon Coleslaw</i> <i>Lemon Butter Cookie</i></p>

Every Day Choices  
May Include:

Turkey, Cheese or  
Tofu Cubes

Green Salad

Vegetarian Soup or  
Entrée

Whole Wheat Bread

Organic Peanut  
Butter

2% White Milk

Menu Subject To  
Change Without  
Notice