




FOUNDED 1970

THE NEW SCHOOL MONTESSORI

APRIL 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <i>Chicken Nuggets Veggie Nuggets Garlic Potatoes Sweet Corn Broccoli Salad</i>	2 <i>Black Bean Chili African Peanut Stew Brown Rice Golden Cornbread Kale Apple Salad</i>	3 <i>Bagels&Cream Cheese Puff Pastry Tart Chicken Noodle Soup Steamed Broccoli Tuna Salad</i>	4 <i>Pasta Perfection Spaghetti or Penne Veggie Ratatouille Roasted Brussels Caesar-Style Salad</i>	5 <i>Bangers-n-Mash Veggie Sausage Green Beans Applesauce Oatmeal Cookie</i>
8 <i>Stuff your own Pita Baked Falafel Fillings-a-Plenty Sugar Snap Peas Sweet Potato Salad</i>	9 <i>Cincy-Style Turkey or Lentil Chili 3-Way Oyster Crackers Quinoa Tabbouleh Grape Leaves</i>	10 <i>Veggie or Turkey Burger on a Bun Chicken B.B.Q. Potato Salad Creamy Yogurt</i>	11 <i>Tower of Tacos Blackened Chicken Fajita Veggies Refried Beans Fanciful Fixins'</i>	12 NO SCHOOL! <i>Parent/Teacher Conference</i>
15 <i>Wrap-n-Roll It! Chicken, Tuna or Egg Salad & Cheese Alphabet Soup Pesto Pasta Salad</i>	16 <i>Turkey Meatloaf Veggie Nut Loaf Mashed Potatoes Green Beans Sweet Peaches</i>	17 <i>Walk-a-thon Pizza Party Choice of Pizzas Steamed Edamame Broccoli Apple Salad</i>	18 <i>Primitive Pasta Penne or Bowtie Stuffed Mushrooms Olive Medley Salad Roasted Asparagus</i>	19 <i>Breakfast for Lunch French Toast Bake Eggs-n-Cheese Breakfast Sausage Strawberry Puff</i>
22 <i>Red Beans-n-Rice Chicken B.B.Q. Golden Cornbread Sweet Corn Apple Coleslaw</i>	23 <i>Toasted Cheese Sandwich Tomato Soup Broccoli Gratin Orzo Pasta Salad</i>	24 <i>Baked Salmon Panko-Crusted Tofu Sweet Potato Mash Steamed Broccoli Napa Salad</i>	25 <i>Taco Trajectory Jerk Tofu Quesadilla Chips-n-Salsa Refried Beans Fixin's Forever</i>	26 <i>Hot Diggity Dog Veggie Dogs Too Mac -n-Cheese Sweet Peas Hummingbird Cake</i>
29 <i>Turkey or Veggie Meatball Sub Green Beans Italian Slaw Potato Salad</i>	30 <i>Chicken Curry Paneer Makhani Thai Green Curry Basmati Rice Sugar-Snap Salad</i>			

Every Day
Choices May
Include:

Turkey, Cheese
or Tofu Cubes

Green Salad

Vegetarian Soup
or Entrée

Whole Wheat
Bread

Creamy Peanut
Butter

2% White Milk

Menu Subject To
Change Without
Notice

