



FOUNDED 1970

THE **NEWSCHOOL**
MONTESSORI

MAY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 <i>Stuff the Pita Turkey, Cheese Egg or Chicken Salad Sweet Potato Salad Steamed Edamame</i>	2 <i>Pasta Power!! Penne or Spaghetti Baked Ravioli Steamed Broccoli Caesar Salad</i>	3 <i>Chicken Nuggets Veggie Nuggets Roasted Potatoes Tomatoes Caprese Apple Strudel Pie</i>
6 <i>Bangers-n-Mash Veggie Sausage Green Beans Dijon Coleslaw Applesauce</i>	7 <i>Black Bean Chili African Peanut Stew Brown Rice Golden Cornbread Kale Apple Salad</i>	8 <i>Bagels&CreamCheese Tomato Pie Pesto Pasta Salad Broccoli Slaw Sweet Peas</i>	9 <i>Trip to the Tacos Cheese Enchiladas Refried Beans Fiesta Rice Fixin's Fixin's Fixin's</i>	10 <i>Lemon Herb Cod Panko Crusted Tofu Sweet Potato Mash Steamed Asparagus New School Candy</i>
13 <i>Cincy Style Turkey or Lentil Chili 3-Way Oyster Crackers Creamy Coleslaw Cucumber Salad</i>	14 <i>Wrap-n-Roll It! Fantastic Fillings Chilled Gazpacho Potato Salad Quinoa Salad</i>	15 <i>Pizza Party! Cheese Pizza Pesto Pizza Alfredo Pizza Garlic Broccoli</i>	16 <i>Primitive Pasta Penne or Bowtie Garlic Butter Sauce Spinach Saute' Roasted Asparagus</i>	17 <i>Toasted Cheese Sandwich Tomato Soup Puff Pastry Strudel Vanilla Cheesecake</i>
20 <i>Chicken Curry Paneer Makhani Red Curry Veggies Basmati Rice Creamy Yogurt</i>	21 <i>Breakfast for Lunch French Toast Bake Breakfast Sausage Eggs-n-Cheese Cinnamon Oatmeal</i>	22 <i>Cheddar Turnovers Chicken Noodle Soup Tomato Pie Steamed Green Beans Sweet Peaches</i>	23 <i>Taco Teaser Blackened Chicken Cheese Quesadillas Refried Beans Fantasy Fixin's</i>	24 <i>Last Day of School PICNIC!! Have a great summer!</i>
27 Summer Vacation!	28 Summer Vacation!	29 Summer Vacation!	30 Summer Vacation!	31 Summer Vacation!

Every Day Choices May Include:

Turkey, Cheese or Tofu Cubes

Green Salad

Vegetarian Soup or Entrée

Whole Wheat Bread

Creamy Peanut Butter

2% White Milk

Menu Subject To Change Without Notice