

Football Fun

Throwing a football is really fun. You need a tiny football or big football and a friend. Go somewhere with big amount of room to accurately throw a football. Stand where you can see your friend. You're going to stand sideways with your writing hand farther away from your friend and you're opposite ear facing your friend. Then grab the football with your fingers on the laces of the football. Put the football in the hand you throw with or write with. Put your arm behind your head as far as you can. Your arm, hand, and the ball should go over your head. Now gracefully release the ball. Now you're an expert at throwing a football.

