



FOUNDED 1970

THE **NEW** SCHOOL
MONTESSORI

AUGUST 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
5	6	7	8	9
12	13	14	15	16
19 Preprimary Orientation (LUNCH PROVIDED)	20 Preprimary & Elementary Student Orientation (1 st -6 th if new to TNSM and those entering 1 st and 4 th) LUNCH PROVIDED	21 <i>Breakfast for Lunch</i> <i>Eggs-n-Cheese</i> <i>French Toast Bake</i> <i>Breakfast Sausage</i> <i>Cinnamon Oatmeal</i>	22 <i>Pining for Pasta</i> <i>Penne or Spaghetti</i> <i>Lemon Garlic Sauce</i> <i>Brussels Sprouts</i> <i>Caesar Salad</i>	23 <i>Bangers-n-Mash</i> <i>Veggie Sausage</i> <i>Braised Cabbage</i> <i>Golden Corn</i> <i>Apple Spice Cake</i>
26 <i>Veggie Burger or</i> <i>Turkey Sandwich</i> <i>Sweet Potato Fries</i> <i>Pesto Pasta Salad</i> <i>Apple Coleslaw</i>	27 <i>Chicken Curry</i> <i>Veggie "Chix" Curry</i> <i>Saag Paneer</i> <i>Basmati Rice</i> <i>Creamy Yogurt</i>	28 <i>Bagels&CreamCheese</i> <i>Chicken Noodle Soup</i> <i>Tomatoes Caprese</i> <i>Sugar Snap Peas</i> <i>Tuna Salad</i>	29 <i>Taco Tradition</i> <i>Blackened Chicken</i> <i>Mexican Skillet Pie</i> <i>Refried Beans</i> <i>Fiesta of Fixin's'</i>	30 <i>Lemon Herb Cod</i> <i>Panko Crusted Tofu</i> <i>Sweet Potato Mash</i> <i>Steamed Broccoli</i> <i>New School Candy</i>

Every Day
Choices May
Include:

Turkey, Cheese
or Tofu Cubes

Green Salad

Vegetarian Soup
or Entrée

Whole Wheat
Bread

Creamy Peanut
Butter

2% White Milk

Menu Subject To
Change Without
Notice